

2020 Fall RCC Dance Class Schedule September 8 through December 5

Monday

* 11:00-11:30 I'm Two, I'm Terrific (DNCE 9266/\$88.50) (Jan Taylor)

This class is geared toward two year olds who need a delightful, thirty minute class filled with activities and fun games.

* 11:30-12:15 Tumbling for Tots (Age 3 – 5) (DNCE 9272/\$103.50) (Jan Taylor)

Your child will experience 45 minutes practicing basic tumbling skills, which will help your child to improve the following: balance, coordination, flexibility, and strength.

** 5:00 – 6:00 Liturgical Dance (Age 13 – Adult) (DNCE9243/\$103.50) (Amy Zietlow)

Students will learn liturgical dance by means of a floor barre, various stretches, as well as artistic and expressive movements.

** 6:00-7:00 Beginning Jazz (Age 7-13) (DNCE 9309/\$103.50) (Melissa Gillis)

Learn to dance! This class is for the beginner to introduce basic jazz skills with exercises in the centre and across the floor in a creative, fun way!!

** 7:00 – 8:30 Advanced Ballet (Age 14 – Adult) (DNCE 8178/\$118.50) (Nancy McReynolds)

*Students pursue a pre-professional level to perfect their technique, to increase their repertoire of steps, and to become more proficient with ballet terminology. The class will include variations and character work. **Prerequisite:** (Teacher's permission) Four or more years of ballet training not including Pre-ballet or Creative Movement.*

** 8:30 – 9:00 Inter/Adv Pointe (Age 14 – Adult) (DNCE 9248/\$59.25) (Nancy McReynolds)

Class begins with a fifteen-minute warm-up at the barre and in the center. Students will work with an advanced vocabulary of steps including variations from ballets.

Prerequisite: (Teacher's permission) Doctor's permission note on file for Pointe. Must be currently in a ballet class at an intermediate level and have had previous Pointe work along with 3 or more years of ballet.

Tuesday

**4:30 – 5:15 Primary Ballet/Ballet I (Ages 5 - 6) (DNCE 9247/\$103.50) (Chelsea White)

The Primary/Ballet I class will introduce the young dancer to correct posture and technique, proper ballet vocabulary, short combinations, and beginning character dance. The goals in this class are to encourage and develop the love of movement while gaining self-assurance and strength.

**5:15 – 6:15 Ballet II & III (Ages 7 - 8) (DNCE 9185/\$103.50) (Chelsea White)

Students will progress steadily learning additional steps, turns, combinations, character dance, and vocabulary for ballet. Students are challenged to maintain technique while increasing their skills and stamina.

****6:15 – 7:45 Ballet IV & V & Pre-Pointe (Ages 9 - 11) (DNCE 9186/\$118.50) (Chelsea White)**

This class will advance the student to more difficult barre and centre exercises that stress the importance of technique, increase the vocabulary of steps and introduce beats. Goals are to give the dancer challenging enchainements and to build strength and stamina while becoming confident and expressive in the discipline of ballet. Students will receive foot strengthening exercises for pointe during each class.

Prerequisite: (Teacher's permission) Three of more years of ballet training not including Pre-Ballet or Creative Movement classes.

****7:45 – 8:45 Modern/Contemp Dance (Ages 13 to Adult) (DNCE 8354/\$103.50) (Cora Hyde)**

Students will enjoy learning a contemporary style of dance with basic exercises and combinations.

Wednesday

***3:30 – 4:30 Ballet & Tumbling & Tap (Age 4 – 6) (DNCE 9254/\$103.50) (Jan Taylor)**

Students will learn basic skills in ballet, tap and tumbling. They will learn the basic positions of ballet and skills such as the shuffle in tap. Tumbling skills include front rolls and backbends.

****4:30 – 5:30 Ballet & Tap II (Age 7 – 9) (DNCE 9291/\$103.50) (Jan Taylor)**

Students will learn an intermediate level of ballet as well as an intermediate level of tap technique.

****5:30 – 6:30 Teen/Adult Hip Hop (Age 13 – Adult) (DNCE 8825/\$103.50) (Jan Taylor)**

This high energy class will teach the moves you have seen on the music videos. This class is a fun way to exercise! Students are encouraged to wear comfortable clothing.

****6:30 – 7:30 Adult Ballet (Age 12 – Adult) (DNCE 8572/\$103.50) (Melissa Gillis)**

This class is designed for the adult with prior ballet experience who would like to refresh their ballet skills.. Class will consist of barre exercises, stretching exercises, enchainements, and combinations across the floor.

****7:30 – 8:30 Beg/Intermediate Pointe (Age 12 - Adult) (DNCE 9301/\$103.50) (Melissa Gillis)**

Class begins with a warm up, followed by barre exercises. Students will work on turns and combinations in the center. Students will work on an intermediate vocabulary of steps including some enchainements. This pointe class will be adjusted to meet the needs of the students.

Prerequisite: (Teacher's permission) Doctor's permission note on file for Pointe.

****8:30 – 9:15 Beginning/Intermediate Tap (DNCE 9315/\$103.507) (Cora Hyde)**

This class will begin with a warmup and a review of steps and combinations that students request. The class will progress working on more advanced tap steps and combinations.

Thursday

*3:30 – 4:15 Kids Hip Hop (Ages 4 – 6) (DNCE 9307/\$103.50) (Jan Taylor)

Students learn how to do the moves seen in our favorite music videos! This class breaks down the basics of Hip-Hop for the young dancer to understand and enjoy!

**4:30 – 5:30 Youth Hip Hop (Age 7 – 12) (DNCE 9244/\$103.50) (Jan Taylor)

Students enjoy learning how to do the moves that they see in music videos! This high energy class breaks down the basics of Hip-Hop for the young dancers so they can understand and enjoy the cool moves!

*5:30 – 6:15 Begin. Tap & Jazz (Age 3 – 6) (DNCE 9188/\$103.50) (Jan Taylor)

This basic class for beginners will introduce various basic tap skills along with larger motor skill movement, and simple combinations in the centre and across the barre/floor.

Prerequisite: *Must be 3 by September 1st.*

**6:15 – 7:00 Begin. Tap/Jazz (Age 7 – 10) (DNCE 9189/\$103.50) (Jan Taylor)

This class is designed to increase the student's proficiency in jazz with centre jazz exercises and combinations that will increase the student's flexibility, as well as teach more difficult tap exercises, movements, and combinations.

Prerequisite: *Beginning Tap or Jazz (Age 3 – 6) along with the instructor's permission.*

**7:00 – 8:30 Inter/Advan Ballet (Age 12 – Adult) (DNCE 9256/\$118.50) (Amy Zietlow)

Students will be challenged to learn advanced barre and center exercises to increase their endurance, ability, and technique. Students will learn more advanced beats as well as how to connect steps with fluidity while learning classical and character types of variations.

Prerequisite: *(Teacher's permission) Doctor's permission note on file for Pointe.*

Friday

***/**Richland Dance Companies—Not available until Spring Semester**

Due to Covid and the inability to tour

4:00 – 5:00 (Age 6 – 9) Apprentice Company

The Richland Youth Dance Company is a group of young dancers from 6 to 9 years old who are interested in performing. Richland Dance Company students utilize their skills and gain confidence as they create a dance number with a sense of showmanship, expression and energy!

5:00 – 6:00 (10 – 14) Junior Company/ (Senior Company)

By appointment (Age 15 – Adult) [Advanced Ballet students] (Instructors permission)

(DNCE 9314/\$103.50) (Nancy McReynolds)

Students enrolled in the Advanced Ballet class may join the Senior Richland Dance Company. We pursue a pre-professional level of performance! In class we perfect our technique, increase our knowledge of steps, and learn advanced terminology. Students are

encouraged to also perform tap and jazz numbers. Costumes are provided for performances, but students are required to provide their own dancewear and shoes.

Prerequisite: *Advanced Ballet and permission from instructor.*

****6:00-7:00** Advanced Jazz (Ages 13 to Adult) (DNCE 8206/\$103.50) (Cora Hyde)

*This class is designed to increase the student's proficiency in jazz with centre jazz exercises and combinations that increase the student's flexibility. Students will concentrate on correct technique and movements as they perform combinations across the floor. **Prerequisite:** Two or more years of jazz or approval from instructor.*

Saturday

***9:00 – 10:00** Irish Dancing (DNCE 9199/\$103.50) (Cora Hyde)

Students wear soft shoes and have fun learning the basic steps to Irish dance! Basic steps are performed in the centre and across the floor as well as en ménage (in a circle). Students may wear split soled ballet shoes or ghillies.

***10:30 – 11:00** I'm Two; I'm Terrific (DNCE 9266/\$88.50) (Melissa Gillis)

This class is geared toward two year olds who need a delightful, thirty minute class filled with activities and fun games.

***11:00 – 11:30** Pre-Ballet I (Age 3 – 4) (DNCE 9273/\$88.50) (Melissa Gillis)

Your child will be introduced to the love of moving to music, increasing body/spatial awareness, and balance. Rhythm and beginning dance techniques will be incorporated using games, props, and musical activities.

***11:30 – 12:15** Primary Ballet (Age 4 – 7) (DNCE 9306/\$103.50) (Melissa Gillis)

This Primary class will introduce the young dancer to correct posture and technique, proper ballet vocabulary, short combinations, and beginning character dance. The goals in this class are to encourage and develop the love of movement while gaining self-assurance and strength.