



# **RICHLAND COMMUNITY COLLEGE**

Teaching and Learning Support Services

Learning Accommodation Services

## **ADVANTAGES OF ADHD**

1. CREATIVITY (divergent as opposed to convergent)
2. EASE IN SHARING THEIR THOUGHTS AND FEELINGS
3. A TENDENCY TO OFFER ACCEPTANCE AND  
UNDERSTANDING TO OTHERS
4. A HIGH DEGREE OF SENSITIVITY AND EMPATHY
5. VERY INTENSE WHEN VERY INTERESTED IN SOMETHING  
(hyperfocusing)